

ACTIVE together

CHARNWOOD



Charnwood



**CARDIO
TENNIS**

HEART PUMPING FITNESS



LOUGHBOROUGH LAWN TENNIS CLUB
Workout session set to music with a
tennis theme.

Wednesdays 8.30-9.30pm
25th January
1st, 8th, 22nd, 29th February
7th March

Sundays 5.30-6.30pm
29th January
5th, 12th, 26th February
4th, 11th March

£3.50 per person per session



Call 01509 632534 or email active.together@charnwood.gov.uk

