

ACTIVE together

CHARNWOOD



Charnwood



**CARDIO
TENNIS**

HEART PUMPING FITNESS



Workout session set to music with a tennis theme.

**HUMPHREY PERKINS SCHOOL
(SPORTS HALL)**

Wednesdays 5.30-6.30pm
25th January

1st, 8th, 22nd, 29th February
7th March

BURTON ON THE WOLDS TENNIS CLUB

Sundays 9.30-10.30am
29th January

5th, 12th, 26th February
4th, 11th March

£3.50 per person per session



Call 01509 632534 or email active.together@charnwood.gov.uk

